



DONAGHADEE
THE BEACON ON THE COAST



Donaghadee What's on and Where 8th December 2023

In this issue

Rotary and Lighthouse Church concerts

Killard School Pantomime

Christmas Activity for Carers

..... And much more

Further Information at
visitdonaghadee.com

If you have an event you wish to list
email details to

info@visitdonaghadee.com

MARKET

A market will open at 5pm on former bus station site adjacent to the Community Centre.

The market will have some 25 stalls featuring a range of foods, gifts and festive items and will continue until 9pm.

The Community Choir will provide entertainment.

AFTERNOON TEA

A Musical Afternoon Tea with Donaghadee Community Choir and Bangor Ukes at Donaghadee First Presbyterian Church, **Entrance fee £5.**

*Two sittings 2pm - 2.45pm and 3pm - 4pm
Hosted by Donaghadee Woman's Institute.*

SUNDAY 3rd DECEMBER

3k Festive Fun Run

The Festive Fun Run will take place at 1pm starting from the harbour. Come along dressed up in your best festive gear and run, walk or jog around the 3k course.

£8 per adult, Children £4.

Registration will be from 12noon in Harbour & Co. For further information please contact:

runninginthedee@gmail.com

COMMUNITY CAROL SERVICE & SWITCH-ON

Everyone is invited to come along to First Presbyterian Church for the Annual Community Carol Service commencing at 7pm.

Singing will be led by the choir of Donaghadee Primary School.

The service will be followed by the switching on of the Christmas Tree lights by the Mayor of Ards and North Down, Councillor Jennifer Gilmour.

SUNDAY 10th DECEMBER

Rotary Club of Donaghadee Carols & Mince Pies.

The Rotary Club of Donaghadee holds its annual carol service in First Presbyterian Church at 7pm.

Once again they will be accompanied by the world famous Donaghadee Male Voice Choir.

THANKS TO...

Ards and North Down Borough Council, Dee Runners, Donaghadee Baptist Church, Donaghadee Community Choir, Donaghadee Community Partnership, Department for Communities, Donaghadee Harbour Office, Donaghadee Methodist Church, Donaghadee Parish Church, Donaghadee Primary School, First Presbyterian Church, Harbour Star Band, Lighthouse Church, PSNI, RNLI, Rotary Club of Donaghadee, Shore Street Presbyterian Church, St Comgall's Roman Catholic Church, St John's Ambulance, Una Breslin School of Irish Dancing and all our volunteers.

MERRY CHRISTMAS AT THE DEE

PROGRAMME OF EVENTS
DECEMBER
2023

**Open to
Everyone !**



Department for
Communities
www.communities.nj.gov.uk

DONAGHADEE
Town and Harbour

Supported by
Ards and North Down
Borough Council

Date	Time	Event	Location
Note: Details of services in St Comgall's Roman Catholic Church are to be confirmed and will be published on the Parish website when available: www.bangorparish.com			
Friday 1st December	5pm 5.30pm 6.30pm	Market Opens Disco on Pier Santa Arrival	Donaghadee Pier and Harbour Area
Saturday 2nd December	10am - 1pm 10.30am - 12noon 2pm	Christmas Fair and Car Wash Dee Bap Kids Club Christmas Party (Kids P1 - Year 8) Community Choir Afternoon Tea	Donaghadee Parish Church Donaghadee Baptist Church First Donaghadee Presbyterian Church Hall
Sunday 3rd December	1pm 7pm 7pm	Fun Run, 3km Community Carol Service Healing Service	Register in Harbour & Co. Donaghadee Presbyterian Church Shore Street Presbyterian Church
Tue. 5th Dec.	2.30pm - 3.50pm	Refresh (Fellowship and food)	Donaghadee Baptist Church (Open to all)
Fri. 8th Dec.	7.30pm	Celtish Christmas Concert Organised by Lighthouse Church (Admission free)	Donaghadee Community Centre
Sun. 10th Dec.	7pm	Rotary Carol Service	First Donaghadee Presbyterian Church
Thur. 14th Dec.	10am 7.30pm	Peter Pan - Pantomime performed by pupils Carols by Candlelight	Killard House School First Donaghadee Presbyterian Church
Sunday 17th December	10.30am 11am 11.45am 3pm 4.30pm 7pm 7pm	Nativity and Christingle Service Kids' Nativity Service Children's Nativity Service Blue Christmas Service Carol Service (Followed by light refreshments) Nine Lessons and Carols by Candlelight (Followed by refreshments) Lessons in Carols	Donaghadee Parish Church Shore Street Presbyterian Church First Donaghadee Presbyterian Church Donaghadee Methodist Church Donaghadee Baptist Church Donaghadee Parish Church Shore Street Presbyterian Church
Christmas Eve Sunday 24th December	8.30am 9.30am 10.30am 11.00pm 11.45am 4pm 7pm 11pm	Holy Communion Traditional Services Short Informal Service (Followed by refreshments) Contemporary Services Sunday Worship Candelit Carol Service Said Compline Christmas Eve Holy Communion	Donaghadee Parish Church Shore Street Presbyterian Church Donaghadee Parish Church Shore Street Presbyterian Church First Donaghadee Presbyterian Church Donaghadee Methodist Church Donaghadee Parish Church Donaghadee Parish Church
Christmas Day Monday 25th December	8.30am 10am 10am 10.30am 10.30am	Holy Communion Christmas Morning Service Christmas Day service Donaghadee Parish Church Christmas Morning Celebration	Donaghadee Parish Church Donaghadee Baptist Church Donaghadee Methodist Church Short Christmas Family Communion Service Shore Street Presbyterian Church
New Year's Eve		4pm Last Light Service	Donaghadee Methodist Church

FRIDAY 1st DECEMBER

Hello Santa !!!!!

The harbour will be the venue for an exciting evening starting at 5.30pm with a

" Disco on the Pier "

At around 6.30pm we expect Santa to be brought in by the RNLI on the lifeboat and our thanks to them for providing this much needed transport.



After being greeted by the Mayor, Santa will be escorted by the Rotary Club of Donaghadee, the Harbour Star Band and the Una Breslin School of Irish Dancing to his grotto at the Market.

Children are invited to join the parade in fancy dress should they wish.

Once settled in his Grotto, Santa will have a small gift for every child who calls.

This programme is subject to change. Stay up to date at www.visitdonaghadee.com
Come along and join the celebrations...

Winter Opening at Sir Samuel Kelly Lifeboat

Marina Carpark, Donaghadee (turn right at the harbour)

Visit the Sir Samuel Kelly Lifeboat &
New Exhibition about Donaghadee lifeboats
& the 1953 Princess Victoria Disaster

 **Sundays 1-3pm** 

Weather permitting



SIR SAMUEL
KELLY PROJECT

To arrange to visit
at other times
Tel 07805096958



DONAGHADEE
HERITAGE
PRESERVATION
COMPANY

www.donaghadeeheritage.com

Lighthouse Church invites you to a

CELTISH

CHRISTMAS CONCERT



With Nigel Cameron & Julie Cameron-Hall

Friday 8th Dec : 7.30pm

Donaghadee Community Centre

(Parade, Donaghadee, Co. Down, BT21 0HF)

Free Admission - All Welcome

'A glorious light
has dawned'



LighthouseChurchDonaghadee.com | celtish.org



The Rotary Club of Donaghadee
presents

Carols & Mince Pies

with

Donaghadee Male Voice Choir

The Rotary Club of Donaghadee invite you to join us for a celebration
of Christmas in First Presbyterian Church, High Street Donaghadee
followed by mince pies, tea or coffee.

Sunday 10th December 2023 at 7.00pm

Proceeds of the collection will go to ShelterBox
Disaster Relief, a Rotary Project Partner.

ShelterBox Trust is a registered charity (1096479)

Rotary



Killard House School
presents



Peter Pan

14th December 2023
10am

KHS Assembly Hall

Seats must be reserved in advance,
please call: 028 91 882361

Free
tickets

Tea and Coffee on sale,
plus a Christmas raffle.

Cash
donations
welcome

 South Eastern Health
and Social Care Trust

 FFP Ards CIC



**Are you an
unpaid carer
who cares for a
family member
or friend?**

You are invited to come along with your loved one
to a **Christmas activity morning and lunch event.**

Monday 18 December 2023

11.00am - 1.30pm

Donaghadee Community Centre

**Come and enjoy the morning with us. Lunch is included.
For catering purposes, booking is essential.**

**Please contact South Eastern Trust Carer Support Service
to book places:**

 carer.support@setrust.hscni.net

 **(028) 4372 1807**

Getting support at an early stage Online work you can do at your own pace

Do you tend to over think things and see the bad before the good?

As a parent, do meltdowns from your children exhaust you?

Do you over criticize yourself with mistakes and put yourself down?

ASCERT and the South Eastern Health & Social Care Trust have created 3 on-line self-help resources with workbooks that can be downloaded and visual clips that guides the viewer through the workbooks at their own pace. They are all free.

Building our Children's Developing Brain for parents to help build their children's emotional regulation.

<https://view.pagetiger.com/selfcareforfamilies>



Self Compassion to Improve Wellbeing and Support Growth.

<https://www.ascert.biz/self-compassion>



Bend Don't Break: Low intensity CBT based self-help to support resilience.

<https://www.ascert.biz/bend-dont-break/>



SMOKEFREE GENERATION AND TACKLING YOUTH VAPING



www.pha.site/smokefreeconsultation

HAVE YOUR SAY

Consultation closes 6th December



AUTUMN VACCINES

It is important to **top up your protection**, even if you have had a vaccine or been ill with **flu** or **COVID-19** before, as immunity fades over time and flu and COVID-19 viruses change each year.



EMOTIONAL HEALTH AND WELLBEING IN EDUCATION



THERE ARE A RANGE OF SERVICES AND RESOURCES AVAILABLE TO HELP SUPPORT THE EMOTIONAL HEALTH AND WELLBEING OF CHILDREN AND YOUNG PEOPLE IN EDUCATION. CLICK ON THE LINKS FOR MORE INFORMATION

CHILDREN AND YOUNG PEOPLE

TEXT A NURSE

The confidential Text A Nurse service for post-primary pupils is available Monday to Friday 9am-5pm. Contact numbers for your area can be found on the PHA website - [Text A Nurse - pupils](#)

INDEPENDENT COUNSELLING SERVICE FOR SCHOOLS (ICSS)

Available to post-primary age young people - ask your school / setting for more details.

YOUTH WELLNESS WEB

Website by Children and Young People's Strategic Partnership (CYPSP) providing a range of wellbeing resources - [Youth Wellness Web](#)

OUR GENERATION APP

The Our Generation App (Peace IV funded project) - play games, collect stars and learn about mental health and resilience. Download from [Google Play](#) or [Apple Store](#)

PARENTS/ CARERS

TEXT A NURSE

The confidential Text A Nurse service is available Monday to Friday 9am-5pm and can be accessed by parents, carers and school staff. Contact numbers for your area can be found on the PHA website - [Text A Nurse](#)

SOLIHULL ONLINE COURSES

Free online courses for all parents, carers, grandparents and teens. Nurturing emotional health and wellbeing from bump to 19+ years. Help understand your child's feelings as well as your own - find out more at [Northern Ireland - inourplace](#)

RISE NI

RISE NI Website provides information for parents from health professionals to help develop the foundational skills for learning. Visit [RISE NI](#) for more information.



ParentingNI



Parents Emotional Health Workshop
for Parents living in the
South Eastern Trust area.

Come and join us for a FREE online
workshop to find out more about
Parents Emotional Health

Tuesday 5th December 2023
7pm - 8.30pm
Via Zoom

This workshop explores what mental
health is and shares tips on how to
improve parental emotional health
and well-being.

To register please scan the QR code
or click on the link below.



[To Register please click here](#)

www.parentingni.org





BECOME A VOLUNTEER WITH THE NIAS VOLUNTEER CAR SERVICE

The Northern Ireland Ambulance Service (NIAS) plans to increase the size of its Volunteer Car Service (VCS), which provides high quality transport to and from non-emergency healthcare appointments and treatments for patients that don't require an ambulance. VCS is viewed as a vital part of NIAS' Patient Care Service.



YOU WILL BENEFIT FROM:

- ✔ Volunteering within your own community
- ✔ A supportive work environment, with a designated VCS contact and peer support via VCS Forum activities.
- ✔ NIAS badged uniform
- ✔ Developing key interpersonal and workplace related skills.
- ✔ Reasonable expenses covered, including a competitive mileage.
- ✔ Gaining experience of working within the Health & Social Care environment

VCS DRIVERS OPINION

"If you're a people person and want to help those who are sick or those in their potential end days then this is the role for you. It's very rewarding and your patients become like friends or family." - Richard

THE ROLE:

- ✔ Support patients in your community by transporting to non-emergency healthcare appointments and treatments.
- ✔ Personally rewarding and fulfilling, an opportunity to help your community.
- ✔ Flexible, to fit in with other aspects of your life.
- ✔ and reasonable expenses covered.

SERVICE USERS VIEW

"I have nothing but thanks and admiration for this excellent service and it the drivers themselves which is its best asset."
Eric



So, if you are over 18, with no more than 3 points on your driving licence and with access to your own car then why not explore this fulfilling voluntary role with NIAS.

For further information or to make an application please contact nias.vcs@nias.hscni.net or: 028 7134 7134 Option 3, or Mobile/Text message: 07771520122, or post to Non-Emergency Ambulance Control (NEAC), Altnagelvin | Glenshane Road, Derry-Londonderry, BT47 6GT.



Donaghadee Methodist
Church



Parent & Toddler group

Thursday mornings

10.00am - 11.15am

from 14th September 2023

Donaghadee Methodist Church Hall

for more info contact Louise 07801 032280





Come join our Book Club!

Held monthly on Wednesdays at Donaghadee Health Centre
from 10.30am-11.30am

Please email the Health Centre's Social Work Assistant at
sonia.weatherup@setrust.hscni.net if interested





South Eastern Health
and Social Care Trust



Donaghadee

Wellbeing Walking Group

Every Tuesday

at 10.30am

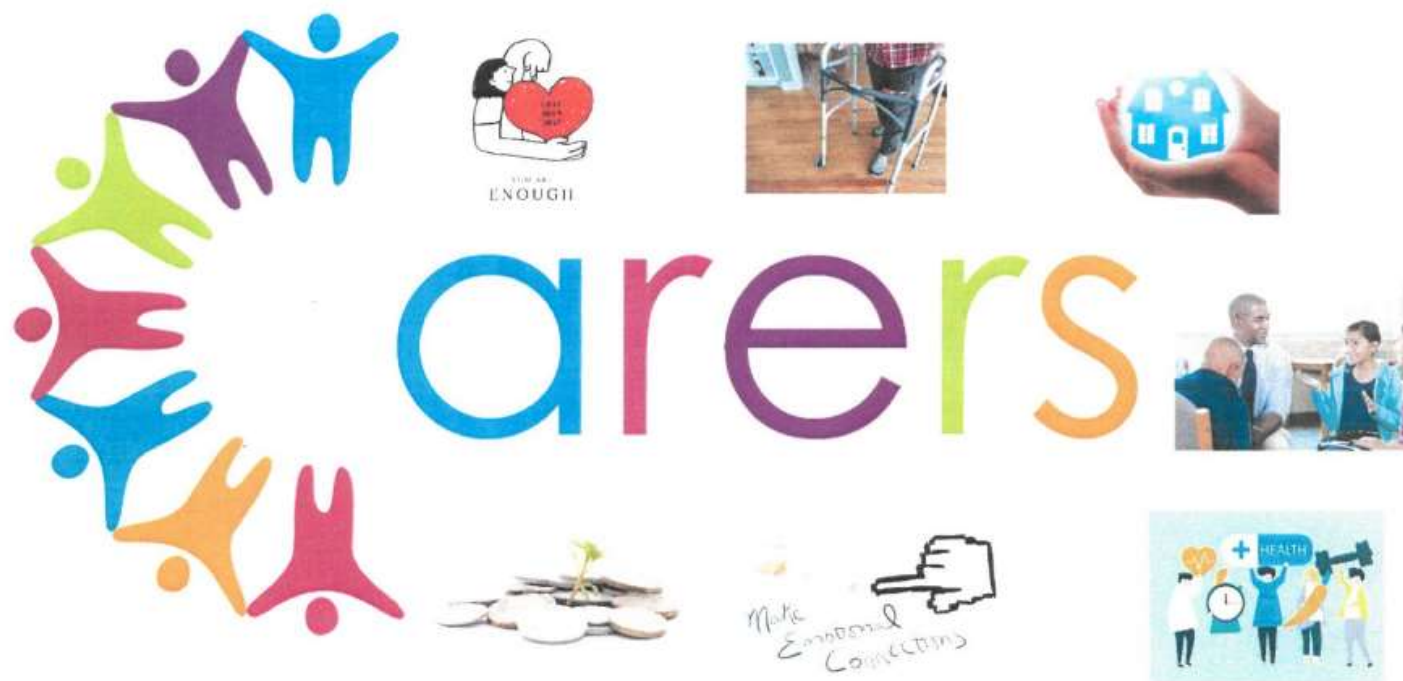


Everyone
Welcomell
Easy, level
walking and
FREE

Please email
sonia.weatherup@setrust.hscni.net
if interested

Improve your
mental and
physical health
and get chatting
to new people

Carers support family members & friends in many different ways.....



Are you a Carer? Would you be interested in joining a local Carers Group? If so, please leave your name & contact details by emailing sonia.weatherup@setrust.hscni.net (Social Work Assistant – Donaghadee Health Centre).

Help make Donaghadee an even better place!



Show your support by joining us –
£5.00 Family Membership
£10.00 Community Organisations
£10.00 Traders
More information at visitdonaghadee.com

The Community Development Association has no employees and is therefore heavily reliant on volunteers to assist in its projects. We are always on the look out for volunteers so if you would like to help, even for only an hour or two, email your contact details to info@visitdonaghadee.com.

Volunteering can take the form of:-

- Stewarding at events in the summer and at Christmas
- Assistance with maintenance of planters,
- Working in Crommelin Wood
- Help with distribution of material, publications etc



VOLUNTEERS
MAKE A DIFFERENCE
SIGN UP TODAY!



Involvement in the local community forms a key component of the Donaghadee Rotary (while having lots of fun at the same time). The photographs show recent events held by the Club:

Human Fruit Machine (fun without technology!)
Walking Treasure Hunt (Rotary event for all the family)
Camera Obscura visit by Rotarians

Fancy finding out more about Rotary, just visit:
<http://donaghadeerotary.org/>
to find out more.

For a varied programme of talks, discussions & outings then why not join us for an hour once a week.

We meet in 'Bow Bells' on Tuesdays at 11.00

INTERESTED?

Contact:

John: 0796 7760841

Or

William: 0781 2212527



**Donaghadee
SHORELINE
PROBUS Club**

Are you male & retired?

Bored, looking to fill a gap?

Want to meet people socially?