



If you have an event you wish to list email details to info@visitdonaghadee.com



NOWHERE TO RUN TO

5K RUN OR WALK

Location: Ward Park, Bangor

Why you should get involved: To help raise money and awareness for victims and survivors of domestic abuse.

All money raised goes to North Down & Ards Woman's Aid & Mens Advisory Project.

Cost: Under 16 years: £5
16 years plus: £10
Sign up by scanning the QR code:







To book your place please contact Sharon Murphy by no later than Friday 28 April 2023

Email sharon.murphy@ardsandnorthdown.gov.uk
Tel 0300 013 3333 ext 40348











Donaghadee Big Help Out Litter Pick



Donaghadee Community Development Association and the Rotary Club of Donaghadee have partnered to organise another woodland litter pick at Crommelin Wood.

Monday 8th May 2023 2pm to 4pm

Meet at entrance to wood at former hockey pitch Gloves, bags and litter pickers will be provided

Followed by Community Barbecue, generously sponsored by Wrights Butchers.

BBQ chef Mark Brooks



Open Days at the Sir Samuel Kelly Lifeboat

Marina Carpark, Donaghadee

Sunday 30 April & Monday 1 May 1-4pm Sunday 28 May & Monday 29 May 1-4pm

Come along & see the Sir Samuel Kelly Lifeboat & Exhibition about the 1953 Princess Victoria Disaster









To arrange a group visit please contact shirleyc153@gmail.com or tel 07805296958

PUPPETS IN YOUR PLACE!

A completely free, intergenerational project that brings Communities together journeying on a creative discovery.

Skilled music, drama and puppet facilitators will work with participants across six sessions, discovering what their local community means to them. Creatively discovering ideas, experiences, memories, history and connection to local places. Culminating in the four participant groups designing and crafting large-scale puppets, songs, stories, choreography and movement for public presentation in the Enchanted House of Puppetry programme in October 2023!

Donaghadee, Community Centre

Times: 10am-12noon

Dates: 10, 17, 24 June and 14, 21, 29 October

We encourage you to register your place on the programme either as an individual, a group, a couple, friends or a family. Everyone is welcome to join us on this musical and puppet extravaganza.

Register at: www.andculture.org.uk
For more info, phone: 028 9181 0803

Kindly supported by The Arts Council of Northern Ireland (Rural Engagement Fund)



Save a Life Course

First aid course covering the basics of CPR and Defibrillator use.

Would you know what to do in an emergency?

Donaghadee Community Centre Sat 13th May 10.00am OR 11.30am

See www.LighthouseChurchDonaghadee.com/SaveALife for details

Places limited - Book early to secure your place Cost £15 per person All proceeds in aid of providing a defibrillator for the community in

> Course provided by Medsafe nedsafe

Organised by Lighthouse Church

Donaghadee



Alzheimer's Society

DO YOU SUPPORT A LOVED ONE WITH DEMENTIA?

CARERS INFORMATION SUPPORT PROGRAMME 1

SESSIONS: 1) The Impact of Dementia 2) Providing Support & Care

3) Legal & Financial Guidance 4) The Impact of Caring

Wed 3rd, 10th,17th, 24th 10:30-12:30pm, Greyabbey

Tues,9th,16th,23rd 7pm-8:30pm, Zoom

Thurs 11th & 25th 10-2:30pm, Comber





Registration: https://forms.office.com/e/m3qHbukxcB Enquiries: Bronagh 07522712764 /crispseni@alzheimers.org.uk Register and create your training Member account on our website to book your place. <u>https://www.ascert.biz/register-landing/</u>



Supporting Young People, Adults & Families

Addressing Alcohol & Drug Related Issues; Reducing Harm & Supporting Positive Change

Training Courses May 2023

Register and create your Training Member account on our website to book your place:

https://www.ascert.biz/register-landing/

Understanding	3 rd May 2023	ZOOM Online Training
Prescription & OTC Drugs	10.00-13.00	Free
Substance Misuse Awareness	4 th May 2023 10.00-13.00	ZOOM Online Training Free
Understanding Illicit Drugs	9 th May 2023 10.00-13.00	ZOOM Online Training Free
Working With Young People & Substance Misuse	10 th & 11 th May 2023 10.00-13.00	ZOOM Online Training Free
Understanding Alcohol	15 th May 2023 10.00-13.00	ZOOM Online Training Free
Parental Substance Misuse	17 th & 18 th May 2023 10.00-13.00	ZOOM Online Training Free
Understanding Prescription & OTC Drugs	22 nd May 2023 10.00-13.00	ZOOM Online Training Free
Understanding Illicit Drugs	24 th May 2023 10.00-13.00	ZOOM Online Training Free
Understanding Alcohol	26 th May 2023 10.00-13.00	ZOOM Online Training Free
Safeguarding Children Affected by Parental Substance Misuse	30 th May 2023 10.00-13.00	ZOOM Online Training Free







Eating Well for Shift Work

Find out how to achieve a healthy diet when working shifts.



A new video has been uploaded on eating well for shift work (<u>Eating Well for Shift Work - YouTube</u>). Copy and paste the link below to view the video:

https://www.youtube.com/watch?v=hWgVWMX9Uzk&list=PLVutsY_gd5AbvrZrl3Ev7isbDfFWDDota&index=12



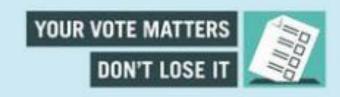
Can't make it to the polling station on 18 May?

Apply for a postal or proxy vote



Go to eoni.org.uk to find out more







POLICING SURVEY 2075

YOUR VIEWS WANTED

The Northern **Ireland Policing** Board is seeking views from across the community on the delivery of the policing service and how the police engage in local areas as part of the Community **Policing Survey** 2023.

With our responsibility to oversee the work of the Police Service of Northern Ireland, we want to find out about your experience of PSNI in your local area, whether that be as an individual or through your work with a community group or an organisation.

This information will be used to inform the Policing Plan and assist the Board in assessing and evaluating the impact of police partnership working within local communities. We appreciate you taking the time to complete this survey. The Board will publish the results in Autumn 2023.



POLICING SURVEY

SCAN TO COMPLETE THE SURVEY



The online survey will be open from Monday 3 April 2023 to Friday 30 June 2023 and can be accessed by scanning the QR Code or by visiting consultations.nidirect.gov.uk/ doj/community-policing-survey-2023

Anyone unable to access the survey online, can request hard copies of the survey by contacting the Policing Board:

Northern Ireland Policing Board James House, Block D. 2 - 4 Cromac Avenue,

The Gasworks, Belfast, BT7 2JA

Statistics@nipolicingboard.org.uk



028 9040 8500

You can find out more about the role and work of the Policing Board by visiting our website at www.nipolicingboard.org.uk

Stay up to date by following us on social media:





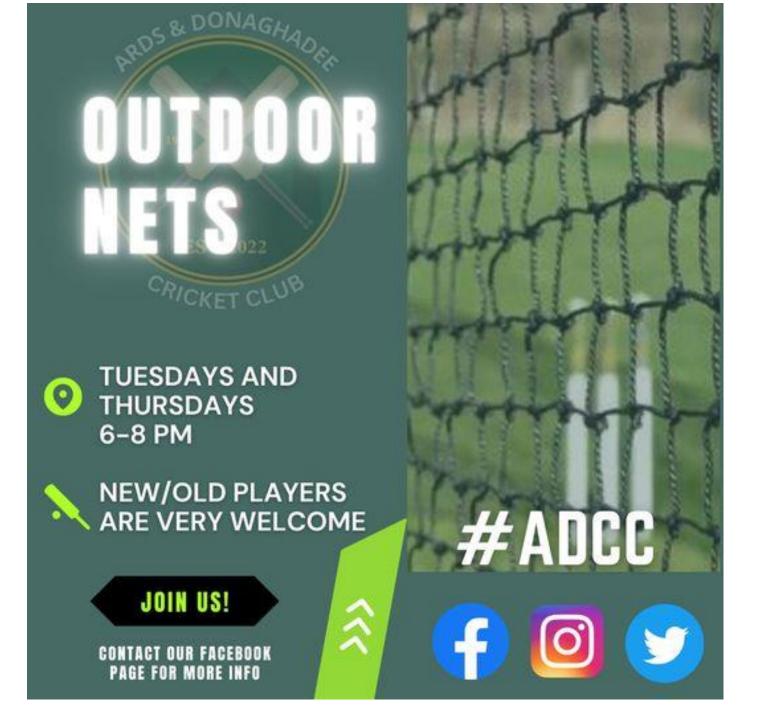






The Community Development Association has no employees and is therefore heavily reliant on volunteers to assist in its projects. We are always on the look out for volunteers so if you would like to help, even for only an hour or two, email your contact details to info@visitdonaghadee.com. Volunteering can take the form of:-

- Stewarding at events in the summer and at Christmas
- Assistance with maintenance of planters,
- Working in Cromellin Wood
- Help with distribution of material, publications etc



Help make Donaghadee an even better place!

Donaghadee Community Development Association:-

- ✓ Organises community events;
- ✓ Organises Donaghadee in Bloom;
- ✓ Is restoring Crommelin Wood;
- √ Campaigns for town improvements;
- ✓ Works closely with local schools on community projects;
- ✓ Supports local traders and community groups

Show your support by joining us -

£5.00 Family Membership

£10.00 Community Organisations

£10.00 Traders

More information at visitdonaghadee.com









Involvement in the local community forms a key component of the Donaghadee Rotary (while having lots of fun at the same time). The photographs show recent events held by the Club:

Human Fruit Machine (fun without technology!)
Walking Treasure Hunt (Rotary event for all the family)
Camera Obscura visit by Rotarians

Fancy finding out more about Rotary, just visit: http://donaghadeerotary.org/
to find out more.



Donaghadee SHORELINE PROBUS Club

Are you male & retired?

Bored, looking to fill a gap?

Want to meet people socially?

For a varied programme of talks, discussions & outings then why not join us for an hour once a week.

We meet in 'Bow Bells' on Tuesdays at 11.00

INTERESTED?

Contact:

John: 0796 7760841

Or

William: 0781 2212527