

Donaghadee

What's on and Where

27th October 2023

In this issue

Don't forget to put your clock back

Christmas Events - Dates for your Diary

Upcoming Events

Advice on homework

..... And much more



Further Information at
visitdonaghadee.com

If you have an event you wish to list email details to
info@visitdonaghadee.com



DONAGHADEE
THE REASON ON THE COAST

Saturday night/Sunday Morning

Remember to set your
clocks back one hour.





December Programme of Events

The Community Development Association is planning to publish a trifold programme detailing everything that is going on in Donaghadee over the Christmas period. If you have any events which you would like included please send them to info@visitdonaghadee.com by 31st October. Events must be open to the general public



UK FINALIST 2023
GOLD MEDAL

Donaghadee – a town to be proud of

In recent ceremonies the town has been awarded the following:-

- ✓ Translink Ulster in Bloom- Winner of Town category for third year
- ✓ Runner up in Tidy Town Northern Ireland (Small town category)
- ✓ Gold Award in Britain in Bloom and Certificate of Achievement for Innovation in Community Engagement

This could not have been achieved without so many volunteers helping in so many ways. Well done and thank you to everyone involved.



DONAGHADEE
THE BEACON ON THE COAST

Santa's
Coming !!!



Friday 1st December – Date for your Diary

Santa will be arriving at the harbour and parading to his grotto.

Donaghadee Local History Forum

presents

Historical Talks on Donaghadee

in Donaghadee Community Centre

Talks given by Tom Neill, Robert Neill and Jimmy Lister

Dates and Topics.

Monday 6th November. Donaghadee's Royal Harbour.

Monday 13th November. The Moat.

Monday 20th November. The Regal Cinema Donaghadee.

Monday 27th November. Present and Past Buildings Donaghadee.

Doors open 9,30am with exhibition of Local Historical items.

10 am talk starts.

11 am Tea and Coffee.

Please come, we are looking forward to hearing your stories.

YOUR HEART MATTERS

FREE event open to members and non members

Donaghadee Golf Club and British Heart Foundation NI come together to raise awareness about heart health.

THURSDAY 9TH NOVEMBER 2023 @ 7:30PM

Try chair yoga, hear about nutrition and how to make deliciously heart healthy meals

The Ulster Hospital Cardiology Rehab team will be with us to offer advice on avoiding a cardiac arrest

Learn CPR and how to use a defibrillator through the British Heart Foundation's 15 minute RevivR training programme. Many of us will witness a cardiac arrest in our lifetime. Be ready for that day

Hear more about the fantastic research and work being funded by BHF in Northern Ireland



British Heart
Foundation



The Police Male Voice Choir & Artistes

on Friday 10th November at 7.30pm

at First Presbyterian Church, High Street, Donaghadee

Suggested donation £10 including tea/coffee





Annual Pantomime



Peter Pan

Thursday 14th December at 10am
Everyone Welcome



A Library is a World of Discovery

There is plenty going on in your local library for you and your children to enjoy. You can:

- read and borrow books,
- access free Wi-Fi and study space,
- use library computers,
- find out information and
- take part in social activities all for free.

Our libraries have books for children and young people of all ages and abilities. From board and picture books for our very youngest readers, easy readers to help children learning to read, to a large selection of fiction and non-fiction books to help develop your child's curiosity and love of reading as they get older. Joining the library is free and no-one is too young to join. Our friendly and welcoming staff will be pleased to see you and are always happy to help you and your family whatever your needs.





Donaghadee Methodist
Church



Parent & Toddler group



Thursday mornings
10.00am - 11.15am
from 14th September 2023



Donaghadee Methodist Church Hall

for more info contact Louise 07801 032280





 **MOOD MATTERS**
PARENT & BABY WORKSHOP

A free mental health awareness workshop for expectant parents and parents of young children (under 3 years of age). Delivered by AWARE NI in partnership with North Down Community Network.

The workshop teaches you skills to:


- Look after your mental health
- Manage your feelings when you are stressed, anxious, or depressed
- How to identify mental ill-health
- Cope with challenges during and after pregnancy
- How and where to get help

Course delivery:

Tuesday 7th November, 6:30 - 8:30pm

Delivered face-to-face in Green Road Community Hall, Conlig, Bangor.

To register contact : Lindsey

 wellbeingndcn@gmail.com

 02891 461 386

HAPPY Diwali

FESTIVAL OF LIGHTS



Join us in celebrating the most vibrant & joyous festival of the year!
Let's make this Diwali 2023 a memorable one!

DELICIOUS
CUISINE
TRADITIONAL
ATTIRE



Queen's Hall,
Newtownards - BT23 4EN



on Saturday
From 4:00 pm Onwards

FASHION
SHOW
CULTURAL
PERFORMANCES


In association with local businesses and organizations,
we thank our sponsors for their support in making this celebration possible



 [nimagination](https://www.instagram.com/nimagination)

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 www.imagenationni.co.uk

 Sanjay: 0788 733 2403

Helping your child with homework- Top tips

BACK TO SCHOOL 

Start with a nutritional Snack

Before you start homework, provide a nutritious snack and chat with your child about their day, ensuring they feel relaxed before they start their homework.



Establish a clear routine

It can be helpful to plan a homework timetable for the week so your child is aware of what is required of them on a daily basis, but also include some time for fun.



Consider their Environment

Provide a space which encourages your child to want to complete their homework. Turn off distractions.



Encourage your child to find solutions independently

If your child looks to you to give them the answer don't rush in to tell them, encourage them to work through the task to find the solution and answer themselves.




How I Was Taught???


Don't try to teach your child your method, as this leads to confusion. If you are unsure of a new technique set a time to speak to your child's teacher.


Balance your time

As a parent you may be busy during homework time juggling many things. Reduce your distractions to ensure you provide the space to help support your child with homework.



 0808 8010 722

 ParentingNI

 parentingni.org

Family Fund

Helping disabled children

Family Fund provides a wide range of grants to families living in Northern Ireland raising a disabled or seriously ill child, or young adult, on a low income.

Families with disabled children aged under 18, can apply for grants for essential items - including clothing and bedding, white goods, furniture, sensory and play equipment and digital devices.

More information at <https://www.familyfund.org.uk/grants>



Come join our Book Club!
Held monthly on Wednesdays at Donaghadee Health Centre
from 10.30am-11.30am

Please email the Health Centre's Social Work Assistant at
sonia.weatherup@setrust.hscni.net if interested





Donaghadee

Wellbeing Walking Group

Every Tuesday

at 10.30am



Everyone
Welcomell
Easy, level
walking and
FREE

Please email
sonia.weatherup@setrust.hscni.net
if interested

Improve your
mental and
physical health
and get chatting
to new people

Carers support family members & friends in many different ways.....



Are you a Carer? Would you be interested in joining a local Carers Group? If so, please leave your name & contact details by emailing sonia.weatherup@setrust.hscni.net (Social Work Assistant – Donaghadee Health Centre).

Help make Donaghadee an even better place!



Show your support by joining us –
£5.00 Family Membership
£10.00 Community Organisations
£10.00 Traders
More information at visitdonaghadee.com

The Community Development Association has no employees and is therefore heavily reliant on volunteers to assist in its projects. We are always on the look out for volunteers so if you would like to help, even for only an hour or two, email your contact details to info@visitdonaghadee.com.

Volunteering can take the form of:-

- Stewarding at events in the summer and at Christmas
- Assistance with maintenance of planters,
- Working in Crommelin Wood
- Help with distribution of material, publications etc

VOLUNTEERS
MAKE A DIFFERENCE
SIGN UP TODAY!



Involvement in the local community forms a key component of the Donaghadee Rotary (while having lots of fun at the same time). The photographs show recent events held by the Club:

**Human Fruit Machine (fun without technology!)
Walking Treasure Hunt (Rotary event for all the family)
Camera Obscura visit by Rotarians**

Fancy finding out more about Rotary, just visit:

<http://donaghadeerotary.org/>

to find out more.

For a varied programme of talks, discussions & outings then why not join us for an hour once a week.

We meet in 'Bow Bells' on Tuesdays at 11.00

INTERESTED?

Contact:

John: 0796 7760841

Or

William: 0781 2212527



**Donaghadee
SHORELINE
PROBUS Club**

Are you male & retired?

Bored, looking to fill a gap?

Want to meet people socially?