

In this week's edition.....

- Festival Events in June including Platinum Jubilee Celebrations
- Co-op Local Community Fund looking to support projects in Donaghadee – deadline Sunday!!
- Old films of life in the borough
- New law on organ donation
- Volunteering opportunities

..... and much more



Donaghadee Queen's Platinum Jubilee Celebrations

May – An augmented reality tour round the town featuring key moments in the Queen's reign

<u>2-4 June</u> (11am – 4pm) 'A Decade in the 'Dee - 1950s' in the Methodist Church Hall. An exhibition of images, information and memorabilia showing life in Donaghadee during the '50s. Organised by Donaghadee Heritage Preservation Company and Donaghadee Historical Society

Thursday 2nd June – Town Crier in Town Centre in the afternoon

7pm – 9.30pm Children's Partytime with Aldo

9pm a Piper followed by the lighting of a beacon

Friday 3rd June 8pm-10pm – Street Party with Diamond Dave and Gregg Donley

<u>Saturday 4th June</u> 12noon-2pm – A Cultural Experience (Band, Lambeg Drumming, Irish Dancing)

3pm-4pm – Community Choir

8pm-10pm - Street Party with This Way Up

Sunday 5th June – 2pm Newtownards Silver Band

3pm-4.30pm The Soda Popz with Ballroom Blitz Formation dance team

Note: It is hoped that the events on 2-5 June will be at Lemon's Wharf. In accordance with Council Bye-

laws the consumption of alcohol is not permitted

Its Festival Time!! – Events in June

Throughout June	History Tours and Talks (see separate slide)		
4 th June	Try Coastal Rowing		
9 th , 16 th and 23 rd June	Try BMX		
9 th and 10 th June	Don't Tell the Wife – Sam Cree Comedy		
12 th June	St Anne's PS Fair		
18 th June	Lifeboat Day		
25 th June	Beach Race with Knock Motor Cycle Club		
26 th June	Supercars on the harbour		

Please Note - Programme Subject to Change. Keep up to date on www.visitdonaghadee.com





STUDY NOW RECRUITING!

Volunteer for research at Queen's University Belfast

Researchers are testing if eating a better diet or having a more active lifestyle can prevent memory loss in older age.







You may be suitable to take part in this 6 month research study if you:

Are aged 60+?

- Eat less food than you used to?
- Have noticed problems with your memory?
- Consider yourself to be normal weight or underweight?

Why get involved?

- · Receive comprehensive health & memory checks
- Receive resources designed by experts and older people to help improve your eating habits and lead a more active life
- You will help us learn more about the links between diet, lifestyle and memory loss

What is involved?

Participation will involve three 2-hour study visits over the 6 month study period. Volunteers will complete health, lifestyle and memory checks during each visit and will be compensated for any travel expenses.

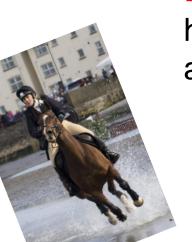


Contact the research team or scan the QR code for more information:









Donaghadee Summer Festival needs your

help. Volunteers needed to help with activities such as

- ✓ Marshalling events;
- ✓ Helping with the pa system;
- ✓ Putting up and taking down equipment;
- ✓ Designing posters, etc

Get in touch with info@visitdonaghadee.com if you can help us out. Whether it's helping at one event or more regularly your support will be greatly

appreciated









Donaghadee-in-Bloom needs your help

We urgently need more volunteers to help out watering hanging baskets in the town centre. We work in pairs early in the morning at 6am twice a week and choose the mornings we want to help. If we get enough volunteers this can be as few as one morning a month.

Please get in touch via <u>info@visitdonaghadee.com</u> for more info and help us to keep the 'dee looking blooming lovely for another year!



The Co-op Local Community Fund, is now accepting applications for the next round of funding due to begin 23 October 2022. All applications must be submitted by 29 May 2022. This is money raised by the Co-op in Donaghadee and they are looking for applications from local groups with projects which:-

- ✓ Bring people together to access food; or
- ✓ Help improve people's mental wellbeing; or
- ✓ Create opportunities for young people to be heard and make a difference; or
- ✓ Help people protect local biodiversity or tackle climate change by reducing carbon emissions

To learn more about the fund, visit www.coop.co.uk/causes

Please let us know if you have registered with the Homes for Ukraine scheme?

hello@visitdonaghadee.com



















'TAKE 5' AMBASSADOR TRAINING

Would you like to become a Take 5 Ambassador?



As a Take 5 Ambassador you will promote the Take 5 message within your community, organisation or with service users - organising Take 5 themed activities, promoting healthy lifestyles and positive mental health.

30" May 2022.

10.30AM - 1PM

Training delivered online via Zoom

For further information please contact Brien or Eileen on:

brien.frazer@setrust.hscni.net

Eileen.young@setrust.hscni.net

The training explores the Take 5 Steps to Wellbeing, examines the Take 5 toolkit and offers the opportunity for participants to share examples of best practice, learning how they can integrate the Take 5 approach into their future work

YOU COULD BE A LIFESAVER

The law around organ donation is changing in spring 2023.

From spring 2023, the organ donation system will become an opt-out system. 'Daithi's Law' means in the event that organ donation is a possibility after you die, unless you choose to opt out, or are in an excluded group, you will be considered as a potential organ donor.





St. Anne's P.S. in Donaghadee First Saturday of month May 7 & June 4 9am to 1pm (gates open for set up at 8am) no booking; first come-first served Cars: £5 Vans, trailers, etc: £10 all proceeds to Shore Street Foodbank







Online Safety Training for Older Adults

Are you part of a group or community organisation that would like to avail of free digital training on Online Safety.

Brought to you by the digital experts - DigiSkills they will show you how to:

- · Stay Safe Online
- · Spot Online and Social Media Scams
- Shop Safely Online

In the community. for the community





Register Your Interest Now

Where:

Training can take place within your group or community organistion or within a dedicated space.

What:

Training will last around 90 minutes with the option for more 1-1 support and learning.

When

Delivery of this training will take place throughout May & June 2022.





Open Days at Sir Samuel Kelly Lifeboat

Marina Carpark, Donaghadee

Every Sunday 12 - 4 pm 12 June — 4 September 2022

Come along and see the Sir Samuel Kelly lifeboat and Exhibition about the Princess Victoria Disaster









To arrange a group visit please contact Shirley shirleyc153@gmail.com or Tel. 07805096958

www.donaghadeeheritage.com

Donaghadee Summer Festival presents:

Donaghadee Local History Forum



A series of talks on Wednesdays at 10.00am in the Community Centre (doors open 9.30am). Talks last approximately 45 minutes and admission is free.

1 st June.	History Donaghadee from 1600.	29 th June.	Harbour, Pierotts, Wharf, and	
		Quarry Hole.		
8 th June.	History of local cemeteries. Peter	6 th July.	Coal industry in Donaghadee.	
McCabe.				
15 th June.	Cyril Lord.	20 th July	Schools and Railway.	
22 nd June.	RNLI and Princess Victoria Disaster.	27 th July	Shipwrecks and Captain John Paul	
		Jones.		16

Donaghadee Summer Festival presents:

Donaghadee History Tours



Free, start 10am on Tuesday mornings at the harbour entrance, just turn up. Tours last 3 hours but you can leave at any time. Walk includes the Camera Obscura.

Tuesday 7th June, 24th June, 21st June, 28th June, 19th July and 26th July (no tour on 5th or 12th July)

Walks by Tom Neill, Jimmy Lister, and Robert Neill.





ARE YOU WINTER READY?



NEA are concerned that the 'perfect storm' of higher energy prices, reduced incomes, and leaky, inefficient housing could put many households in Northern Ireland at increased risk of fuel poverty this coming winter. These increases come at a time when many household budgets are already stretched thin.

However, simple changes to day-to-day activities could make big differences to household bills. Here are 10 energy savings tips that everybody can implement.



You can save around £30 a year just by remembering to turn your appliances off standby mode.



Save an average of £35 on electricity a year by drying clothes on a clothes line, instead of using a dryer.



Room thermostats allow you to set the temperature your home heats up to and maintains. Turning it down by only 1 degree could save you £70



Spending one minute less in the shower every day as part of your grooming routine will save up to £7 per person off your household energy bill each year.



Only boil the water you need in your kettle. This can save you £6 per year.



Washing clothes at 30 ° instead of 40° can save you around £9 a year and 1 less cycle per week can save around £5 a year on energy.



Don't leave your mobile phone on charge all night – most only need a couple of hours.



Switch off lights when not in use. This could save your household £14 a year.



Using a bowl to wash up rather than running the tap could save you up to £25 a year.



Draughtproofing windows/doors can save £30. Chimney draught excluder can save an additional £20

Do you want to:

Give something back to your local community?

or

Expand your connections in Donaghadee to a more diverse group of people?

or

Help alleviate global poverty, improve health and support education?

or

Just have fun doing all of the above?



If so, Donaghadee Rotary Club is for you

Why not visit their Facebook page or web site to find out more:

https://www.facebook.com/RotaryClubOfDonaghadee/ http://donaghadeerotary.org/

or contact Fraser: 07747 843801

fraser.menzies0505@gmail.com

Help make Donaghadee an even better place!

Donaghadee Community Development Association:-

- ✓ Organises community events;
- ✓ Organises Donaghadee in Bloom;
- ✓ Is restoring Crommelin Wood;
- √ Campaigns for town improvements;
- ✓ Works closely with local schools on community projects;
- ✓ Supports local traders and community groups

Show your support by joining us -

£5.00 Family Membership

£10.00 Community Organisations

£10.00 Traders

More information at www.visitdonaghadee.com

Start recycling soft plastics at a Co-op near you

What are soft plastics?

They're lightweight plastics like film lids on yoghurt pots, soft fruit punnets and ready meals, as well as plastic crisp packets, pasta bags and chocolate wrappers.





It's easy to do

- 1. Clean it. Rinse your packaging out.
- **2. Scrunch it**. If it pings back into shape it's soft plastic.
- **3. Co-op it**. Pop it into a Co-op soft plastics recycling unit.

Packaging doesn't have to be Co-op branded, we accept all soft plastics.

Find your nearest Co-op soft plastic recycling unit at coop.co.uk/soft-plastics





This public information system is compiled weekly by Donaghadee Community Development Association. If you have an event you wish to list email details to info@visitdonaghadee.com. Deadline for receipt of material is each Wednesday at noon