

Donaghadee

What's on and Where

21st April 2023

In this issue

- ***Coronation Party for families***
- ***Cricket Club seeking new members***
- ***First Aid Course***



Further Information at
visitdonaghadee.com

If you have an event you wish to list email details to
info@visitdonaghadee.com



DONAGHADEE
THE REASON ON THE COAST

NOWHERE TO RUN TO

5K RUN OR WALK

Location: Ward Park, Bangor

Why you should get involved: To help raise money and awareness for victims and survivors of domestic abuse.

All money raised goes to North Down & Ards Woman's Aid & Mens Advisory Project.

Cost: Under 16 years: £5
16 years plus: £10
Sign up by scanning the QR code:



For further details or information please contact: traci.kimber@setrust.hscni.net

Sunday 30th
April 2023
10:30 AM



OUTDOOR NETS

 TUESDAYS AND
THURSDAYS
6-8 PM

 NEW/OLD PLAYERS
ARE VERY WELCOME

JOIN US!

CONTACT OUR FACEBOOK
PAGE FOR MORE INFO



#ADCC





A programme to create mental health champions!

We have spaces on an upcoming free Mental Health First Aid course!

Mental Health First Aid is designed to equip people with the skills and knowledge they need to help someone with a mental health problem or in a mental health crisis.

When?

24th April 9.30-1.30pm

28th April 9.30-1.30pm

5th May 9.30-1.30pm

Where?

This course will be held online via zoom.

Sign me up!

This course is available to anyone in the South Eastern Trust. To register scan the QR code.



This is a certified course, accredited by the



South Eastern Health
and Social Care Trust





KING'S CORONATION TEA DANCES



Friday 5 May 2023 | 2pm~4pm

Aurora Leisure Centre, Bangor

~and~

Queen's Hall, Newtownards



Everyone welcome. Light refreshments will be provided.

PLEASE NOTE THAT BOOKING FOR BOTH THESE TEA DANCES IS ESSENTIAL AS SPACES ARE LIMITED

To book your place please contact Sharon Murphy by no later than Friday 28 April 2023

Email sharon.murphy@ardsandnorthdown.gov.uk

Tel 0300 013 3333 ext 40348





Join us for the Kings coronation
Celebrate with us

Disco

Bouncy castles

Coronation theme dressing up
competition

Donaghadee

War Memorial



Sunday 7th May 1.30-3.30

PUPPETS IN YOUR PLACE!

A completely free, intergenerational project that brings Communities together journeying on a creative discovery.

Skilled music, drama and puppet facilitators will work with participants across six sessions, discovering what their local community means to them. Creatively discovering ideas, experiences, memories, history and connection to local places. Culminating in the four participant groups designing and crafting large-scale puppets, songs, stories, choreography and movement for public presentation in the Enchanted House of Puppetry programme in October 2023!

Donaghadee, Community Centre

Times: 10am–12noon

Dates: 10, 17, 24 May and 14, 21, 29 October

We encourage you to register your place on the programme either as an individual, a group, a couple, friends or a family. Everyone is welcome to join us on this musical and puppet extravaganza.

Register at: www.andculture.org.uk

For more info, phone: 028 9181 0803

Kindly supported by The Arts Council of Northern Ireland (Rural Engagement Fund)





**Alzheimer's
Society**

**DO YOU SUPPORT A LOVED ONE WITH
DEMENTIA?**

CARERS INFORMATION SUPPORT PROGRAMME 1

**SESSIONS: 1) The Impact of Dementia 2) Providing Support & Care
3) Legal & Financial Guidance 4) The Impact of Caring**

Wed 3rd, 10th, 17th, 24th 10:30-12:30pm, Greyabbey

Tues, 9th, 16th, 23rd 7pm-8:30pm, Zoom

Thurs 11th & 25th 10-2:30pm, Comber

MAY



**South Eastern Health
and Social Care Trust**

Registration: <https://forms.office.com/e/m3qHbukxcB>
Enquiries: Bronagh 07522712764 /crispseni@alzheimers.org.uk

Save a Life Course

First aid course covering the basics of CPR and
Defibrillator use.

Would you know what to do in an emergency ?

Donaghadee Community Centre
Sat 13th May 10.00am OR 11.30am

See www.LighthouseChurchDonaghadee.com/SaveALife
for details

Places limited - Book early to secure your place

Cost £15 per person
All proceeds in aid of providing a
defibrillator for the community in
Donaghadee

Course provided by Medsafe
Organised by Lighthouse Church



Can't make it to the polling station on 18 May?

Apply for a postal or proxy vote



Go to eoni.org.uk to find out more

The
Electoral
Commission

YOUR VOTE MATTERS

DON'T LOSE IT





SPRING BOOSTER

COVID-19 spring booster
programme will begin on
12 April 2023



The vaccines are being rolled out to eligible groups via GPs, community pharmacies and HSC Trusts and will be offered to:

- **Residents in a care home**
- **Adults aged 75 years and over**
- **Individuals aged 5 years and over who are immunosuppressed**

Eating Well for Shift Work

Find out how to achieve a healthy
diet when working shifts.



A new video has been uploaded on eating well for shift work ([Eating Well for Shift Work - YouTube](https://www.youtube.com/watch?v=hWgVWMX9Uzk&list=PLVutsY_gd5AbvrZrl3Ev7isbDfFWDDota&index=12)).
Copy and paste the link below to view the video:

https://www.youtube.com/watch?v=hWgVWMX9Uzk&list=PLVutsY_gd5AbvrZrl3Ev7isbDfFWDDota&index=12

General Categories:

- 1 Best Kept Front Garden
- 2 Gardening for Wildlife Award
- 3 Volunteer of The Year
- 4 Best Kept Commercial Premises
- 5 Best Kept Community Planting Scheme

Young People's (Entrants aged 16 and under) Categories:

- 6 Best School Gardening Project
- 7 Painting Competition
- 8 Tallest Sunflower Competition
- 9 Young Volunteer of The Year

Closing Dates

Categories 1,2,4 and 5: 30 July

Categories 3, 8 and 9: 1 September

Categories 6 and 7: 30 September

Entry submission

Post entries to Ards and North Down in Bloom, 2 Church Street, Newtownards, BT23 4AP or email to ANDParks@ardsandnorthdown.gov.uk

Further information

Visit www.ardsandnorthdown.gov.uk/inbloom for further information, advice on growing plants in your garden plus a full list of Competition Rules and Terms and Conditions.

www.ardsandnorthdown.gov.uk/inbloom

Prizes:

Categories 1 to 3:

1st Prize: £80.00 Gift Voucher

Runners-Up Prizes: £40.00 Gift Voucher

Categories 5 and 6:

1st Prize: £100.00 Gift Voucher

Runners-Up Prizes: £50.00 Gift Voucher

Categories 7 to 9:

1st Prize: £60.00 Gift Voucher

Runners-Up Prizes: £30.00 Gift Voucher

Judging Criteria

General Categories 1, 2, 4 and 5:

- 1 Design and general effect
- 2 Plant variety and diversity
- 3 Cleanliness and neatness (presentation)
- 4 Quality of plant growth and produce (husbandry)
- 5 Special features (e.g. wildlife area, pool etc.)
- 6 Plants in bloom

Only displays visible from the street for all of the community to enjoy will be judged. Three photographs must accompany the entry and one should be taken from the street. Entries must be received by 30 July.

Categories 3 and 9 (Volunteers)

Awarded to an individual who has shown commitment to improving their local community and its environment. If you would like to nominate a worthy winner, please include with your entry in no more than 300 words the reasons for your nomination and include supporting photographs. Submissions must be received by 1 September.

Category 6 (Best School Gardening Project)

Open to any school gardening project that promotes the In Bloom ethos. If you would like to nominate a worthy winner, please include with your entry in no more than 300 words the reasons for your nomination and include supporting photographs. Submissions to be received by 30 September.

Category 7 (Painting)

Entrants aged 16 and under are invited to enter their painting on the In Bloom theme. Paintings should be no more than 42 x 30cm. Unfortunately, we are unable to return paintings. Submissions to be received by 30 September.

Category 8 (Tallest Sunflower)

Entrants aged 16 and under are invited to enter their planted sunflowers. Applicants should measure the height of their sunflower during the last week of August using a metric (cm) tape measure. Sunflower may be planted in another location (such as a grandparent's garden) but must be within Borough boundary. The tallest sunflower will win. Submissions to be received by 1 September.

Ards and North Down IN BLOOM



COMMUNITY COMPETITIONS

www.ardsandnorthdown.gov.uk/inbloom



Ards and
North Down
Borough Council



Open Art



Free Community Art Sessions
Promoting inclusion
Combating isolation

Thursday drop-in
10.30am-1.30pm



Boom Studios, 80 Main Street, Bangor, BT20 3RN

www.boomstudios.org.uk





COMMUNITY POLICING SURVEY 2023

YOUR VIEWS WANTED

The Northern Ireland Policing Board is seeking views from across the community on the delivery of the policing service and how the police engage in local areas as part of the Community Policing Survey 2023.

With our responsibility to oversee the work of the Police Service of Northern Ireland, we want to find out about your experience of PSNI in your local area, whether that be as an individual or through your work with a community group or an organisation.

This information will be used to inform the Policing Plan and assist the Board in assessing and evaluating the impact of police partnership working within local communities. We appreciate you taking the time to complete this survey. The Board will publish the results in Autumn 2023.



COMMUNITY POLICING SURVEY 2023

SCAN TO COMPLETE THE SURVEY



The online survey will be open from **Monday 3 April 2023 to Friday 30 June 2023** and can be accessed by scanning the QR Code or by visiting consultations.nidirect.gov.uk/doj/community-policing-survey-2023

Anyone unable to access the survey online, can request hard copies of the survey by contacting the Policing Board:

Northern Ireland Policing Board
James House, Block D, 2 – 4 Cromac Avenue,
The Gasworks, Belfast, BT7 2JA

 Statistics@nipolicingboard.org.uk

 028 9040 8500

You can find out more about the role and work of the Policing Board by visiting our website at www.nipolicingboard.org.uk

Stay up to date by following us on social media:



VOLUNTEERS

MAKE A DIFFERENCE

SIGN UP TODAY!

The Community Development Association has no employees and is therefore heavily reliant on volunteers to assist in its projects. We are always on the look out for volunteers so if you would like to help, even for only an hour or two, email your contact details to info@visitdonaghadee.com. Volunteering can take the form of:-

- Stewarding at events in the summer and at Christmas
- Assistance with maintenance of planters,
- Working in Cromellin Wood
- Help with distribution of material, publications etc

Help make Donaghadee an even better place!

Donaghadee Community Development Association:-

- ✓ Organises community events;
- ✓ Organises Donaghadee in Bloom;
- ✓ Is restoring Crommelin Wood;
- ✓ Campaigns for town improvements;
- ✓ Works closely with local schools on community projects;
- ✓ Supports local traders and community groups

Show your support by joining us –

£5.00 Family Membership

£10.00 Community Organisations

£10.00 Traders

More information at visitdonaghadee.com



Involvement in the local community forms a key component of the Donaghadee Rotary (while having lots of fun at the same time). The photographs show recent events held by the Club:

Human Fruit Machine (fun without technology!)
Walking Treasure Hunt (Rotary event for all the family)
Camera Obscura visit by Rotarians

Fancy finding out more about Rotary, just visit:
<http://donaghadeerotary.org/>
to find out more.



Donaghadee
SHORELINE
PROBUS Club

Are you male & retired?

Bored, looking to fill a gap?

Want to meet people socially?

For a varied programme of talks, discussions
& outings then why not join us for an hour
once a week.

We meet in 'Bow Bells' on Tuesdays at 11.00

INTERESTED?

Contact:

John: 0796 7760841

Or

William: 0781 2212527