## Donaghadee What's on and Where 20<sup>th</sup> October 2023

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Further Information at visitdonaghadee.com

If you have an event you wish to list email details to info@visitdonaghadee.com





# **December Programme of Events**

The Community Development Association is planning to publish a trifold programme detailing everything that is going on in Donaghadee over the Christmas period. If you have any events which you would like included please send them to info@visitdonaghadee.com by 31st October. Events must be open to the general public **Donaghadee Community Development Association** 

# Public Meeting To discuss possible events for Summer Festival 2024

In Donaghadee Community Centre at 7.15pm on Monday 23<sup>rd</sup> October











# <u>Friday 1<sup>st</sup> December – Date for your Diary</u>

# Santa will be arriving at the harbour and parading to his grotto.



#### CARERS INFORMATION SUPPORT PROGRAMME 1 & 2 CrISP 1

 The Impact of Dementia 2) Providing Support & Care
Legal & Financial Guidance 4) The Impact of Caring CrISP 2

1) Understanding Behaviour Changes 2) Living Well with change 3) Living Well, staying Active

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C1:Tue 3rd, 10th 17th, 24th Oct	1:30 – 3 PM	Zoom	
C1:Mon 9th,16th,23rd,30th Oct	11:30-1:30 PM	Ballynahinch Community Centre	
C1:Thurs 5th, 12th, 19th, 26th Oct	10:30 - 12:30 PM	Donaghadee Community Centre	
*CrISP 2* Tues 7th, 14th, 21st Nov	7 – 8:30 PM	Zoom	
C1:Wed 8th, 15th, 22nd, 29th Nov	10:30 - 12:30 PM	Ballymote Community Centre, Downpatrick	
C1:Thurs 9th, 16th, 23rd, 30th Nov	1:00-3 PM	Lisburn Library	
C1:Tues 5th & 12th Dec	10 – 2:30 PM	West Winds Community Centre Newtownards	
C1:Sat 2nd & 16th Dec	9:30-1:30 PM	Zoom	



### It takes allsorts 2023

Wednesday 25th October 2023 | 12 - 1pm

#### **Advice on Cost of Living Crisis**



#### **DEREK MCGREGOR**

Derek is manager at Community Advice Ards and North Down (CAAND), which was previously known as Citizen's Advice.

He has been working in the advice sector for 15 years and is a law graduate.

CAAND has three offices within The Ards and North Down area, in Bangor, Newtownards and Holywood, with various weekly outreach clinics in Comber, Kircubbin, Carrowdore, Donaghadee, Salvation Army Community Hub Newtownards, Kilcooley Women's Centre and Ards and Bangor Food Banks.

CAAND has 30 paid staff plus 12 volunteer advisors. CAAND have specialists advisors dealing with debt. Welfare Reform and representation at tribunals in addition to providing generalist advice

On a wide range of advice issues, from benefits advice, consumer law, employment issues and land law issues.

To register for this event, please email: goodrelations@ardsandnorthdown.gov.uk Donaghadee Local History Forum

presents

## **Historical Talks on Donaghadee**

#### in Donaghadee Community Centre

Talks given by Tom Neill, Robert Neill and Jimmy Lister

Dates and Topics.

Monday 6<sup>th</sup> November. Donaghadee's Royal Harbour.

Monday 13<sup>th</sup> November. The Moat.

Monday 20<sup>th</sup> November. The Regal Cinema Donaghadee.

Monday 27<sup>th</sup> November. Present and Past Buildings Donaghadee.

Doors open 9,30am with exhibition of Local Historical items.

10 am talk starts.

11 am Tea and Coffee.

Please come, we are looking forward to hearing your stories.



## YOUR HEART MATTERS

FREE event open to members and non members

Donaghadee Golf Club and British Heart Foundation NI come together to raise awareness about heart health.

#### THURSDAY 9TH NOVEMBER 2023 @ 7:30PM

Try chair yoga, hear about nutrition and how to make deliciously heart healthy meals

The Ulster Hospital Cardiology Rehab team will be with us to offer advice on avoiding a cardiac arrest

Learn CPR and how to use a defibrillator through the British Heart Foundation's 15 minute RevivR training programme. Many of us will witness a cardiac arrest in our lifetime. Be ready for that day

Hear more about the fantastic research and work being funded by BHF in Northern Ireland

) British Heart Foundation





# Annual Pantomime

# Peter Pan

Thursday 14<sup>th</sup> December at 10am Everyone Welcome

# Donaghadee Methodist Church Parent & Toddler group

Thursday mornings 10.00am - 11.15am from 14th September 2023

Donaghadee Methodist Church Hall

for more info contact Louise 07801 032280











#### Come join our Book Club!

Held monthly on Wednesdays at Donaghadee Health Centre from 10.30am-11.30am Please email the Health Centre's Social Work Assistant at

sonia.weatherup@setrust.hscni.net if interested





South Eastern Health and Social Care Trust



Carers support family members & friends in many different ways.....



Are you a Carer? Would you be interested in joining a local Carers Group? If so, please leave your name & contact details by emailing <u>sonia.weatherup@setrust.hscni.net</u> (Social Work Assistant – Donaghadee Health Centre).

# Help make Donaghadee an even better place!



Show your support by joining us – £5.00 Family Membership £10.00 Community Organisations £10.00 Traders More information at visitdonaghadee.com The Community Development Association has no employees and is therefore heavily reliant on volunteers to assist in its projects. We are always on the look out for volunteers so if you would like to help, even for only an hour or two, email your contact details to info@visitdonaghadee.com.

#### Volunteering can take the form of:-

- Stewarding at events in the summer and at Christmas
- Assistance with maintenance of planters,
- Working in Crommelin Wood
- Help with distribution of material, publications etc







# **Involvement in the local community** forms a key component of the Donaghadee Rotary (while having lots of fun at the same time). The photographs show recent events held by the Club:

#### Human Fruit Machine (fun without technology!) Walking Treasure Hunt (Rotary event for all the family) Camera Obscura visit by Rotarians

Fancy finding out more about Rotary, just visit: http://donaghadeerotary.org/

to find out more.



For a varied programme of talks, discussions & outings then why not join us for an hour once a week.

We meet in 'Bow Bells' on Tuesdays at 11.00

#### INTERESTED?

Contact: John: 0796 7760841 Or William: 0781 2212527



### Donaghadee SHORELINE PROBUS Club

Are you male & retired? Bored, looking to fill a gap?

Want to meet people socially?