



If you have an event you wish to list email details to info@visitdonaghadee.com





BALLYCROCHAN BAPTIST CHURCH, BANGOR

TUESDAY 5 SEPTEMBER

12.30pm – 4pm & 5pm – 7.30pm

FORM:00:930:00

To book an appointment

Online: www.nibts.org Call: 08085 534 653





Northern Ireland Blood Transfusion Service





Step into an exhibition of photographs and memories, celebrating 200 years of the Shore Street congregation.



Friday 8th September 2PM - 6PM Saturday 9th September | 9:30AM - 6PM



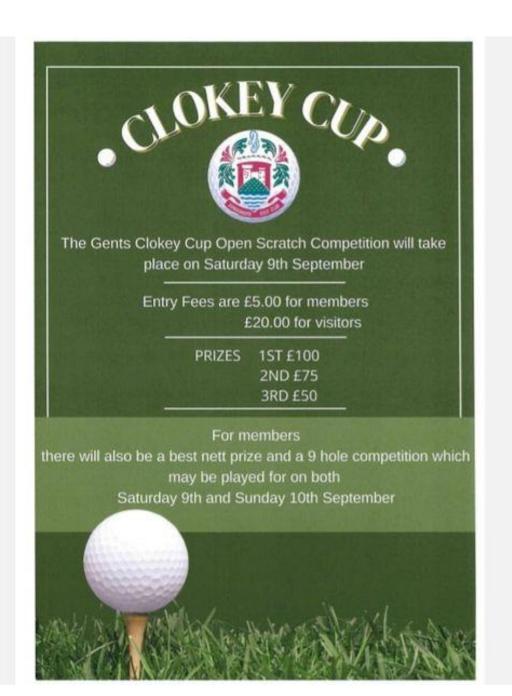
Shore Street Presbyterian Church 1 Warren Road, Donaghadee, BT21 ODS













Hi Everyone

Good Relations Week 2023 event registration is now live.

The theme for this year's celebration is 'Together' which will shine a light on individuals and organisations working together and sharing ideas and experiences in tackling everything from sectarianism and racism to gender inequality, shared spaces, peace-building, and cultural diversity.

Good Relations Week 2023, Monday 18 to Sunday 24 September 2023 will deliver a positive message of togetherness as it celebrates peace-building and cultural diversity in an effort to eradicate sectarianism, racism and inequality.

As appropriate, could you please share details with your partners and stakeholders, encouraging them to support #GRW23.

Organisations can sign-up and log-in to register physical and online events using the automated online registration system at www.goodrelationsweek.com

The deadline for event registrations is Friday 1st September 2023 at 5pm.

If I can be any further support, please contact $\underline{mark.maher} \underline{@executiveoffice-ni.gov.uk}$

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MARCHTHEMONTH.PROSTATECANCERUK.ORG

Walk to help beat prostate cancer

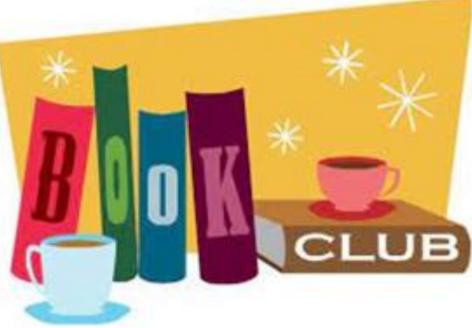
Sign Up

Hit 11,000 steps a day this March and raise money to save mor...











Come join our Book Club!

Held monthly on Wednesdays at Donaghadee Health Centre from 10.30am-11.30am

Please email the Health Centre's Social Work Assistant at sonia.weatherup@setrust.hscni.net if interested





Donaghadee

Wellbeing Walking Group

Every Tuesday at 10.30am



Please email sonla.weatherup@setrust.hscnl.net if interested

Improve your mental and physical health and get chatting to new people

Everyone Welcomell Easy, level walking and FREE



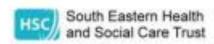


Carers support family members & friends in many different ways.....



Are you a Carer? Would you be interested in joining a local Carers Group? If so, please leave your name & contact details by emailing sonia.weatherup@setrust.hscni.net (Social Work Assistant – Donaghadee Health Centre).







YOUTH HEALTH ADVICE SERVICE

RELATIONSHIP & SEXUALITY EDUCATION (RSE)

SEXUAL HEALTH

DRUGS & ALCOHOL
BASELINE ASSESSMENT & SUPPORT

EMOTIONAL HEALTH & WELLBEING SIGNPOSTING TO APPROPRIATE CARE



ANNA JOHNSTON
YOUTH SUPPORT WORKER
YMCA NORTH DOWN
\$_\ 07591 640723

FOR 16 TO 25 YEAR OLDS

IN-PERSON SUPPORT OR BY PHONE, TEXT, ZOOM & EMAIL

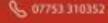
FOR MORE INFO ON YOUTH HEALTH ADVICE



setrust.hscni.net/health-living/youth-health-advice



YHAS@setrust.hscni.net





MONDAY TO FRIDAY SAM TO SPM RESPONSE MOTHER OF HOURS OF REST WORKING OF



The Summerhill Foundation Programme

The role of parents is crucial in the happiness and early years development of their children. With increasing pressures on families due to the rising cost of living the Summerhill foundation have collaborated with Parenting NI to provide practical support to parents in the form of a 4 week programme

This programme will allow parents to meet and discuss family life in a safe environment. Picking up tips on how to:

- Reduce household bills and expenses
- · Play and connect with your child
- Practice self-care and become more confident in handling the daily pressures parents face.

By offering this programme it is our hope that families will benefit from a happier home life and children will feel more secure as they are given the support and love to enable them to reach their full potential in life.

Parents will receive a certificate and a £20.00 gift card on completion of the full 4 weeks.

Supported by:



If you have a group of parents that might be interested in availing of this opportunity in your local area, or for more information, please contact Kelly Barbour E: kellyb@parentingni.org







Local rate - 10am - 4pm - Monday - Friday





Service Hours and Locations

Ards Office

9am - 5pm Monday to Thursday (9am - 4pm - Friday)

> 30 Frances Street Newtownards BT23 7DN

Bangor Office

9am - 5pm Monday to Thursday (9am - 4pm -Friday)

39A Hamilton Road Bangor BT20 4LF Holywood Office

Monday - 10am - 4pm

Wednesday - 10am - 4pm

Friday - 10am - 1pm

Queen's Leisure Complex Sullivan Close Holywood BT18 9JF







CHILDHOOD IMMUNISATION

2 months old

- . 6 in 1
- Rotavirus
- MenB

3 months old

- . 6 in 1
- Rotavirus
- Pneumococcal

4 months old

- 6 in 1
- MenB

MAKE SURE IMMUNISATIONS ARE UP-TO-DATE



1 year

- . MMR
- · Hib / MenC
- · Pneumococcal
- · MenB

3 years, 4 months

- 4 in 1 pre-school booster
- MMR

12 to 13 years

HPV boys and girls

14 to 18 years

- 3 in 1 teenage booster
- MenACWY

Help Kids Talk Bitesize sessions



Introducing Help Kids Talk Bitesize session:

"Top tips for using the dummy"

Help Kids Talk have teamed up with parents to share advice and tips about using the dummy.

Click link below or scan QR code to find out more.

WHAT IS AVAILABLE?

SHORT VIDEO PARENT TIPS ADVICE LEAFLETS

Click here for Help Kids Talk Dummy Bitesize Session



Get in touch for more information about other Help Kids Talk training sessions which are free, available regionally and suitable for parents, family members and practitioners.

Tel: 02892670755 Email: helpkidstalk@resurgamtrust.co.uk The Community Development Association has no employees and is therefore heavily reliant on volunteers to assist in its projects. We are always on the look out for volunteers so if you would like to help, even for only an hour or two, email your contact details to info@visitdonaghadee.com.

Volunteering can take the form of:-

- Stewarding at events in the summer and at Christmas
- Assistance with maintenance of planters,
- Working in Crommelin Wood
- Help with distribution of material, publications etc



Help make Donaghadee an even better place!



Show your support by joining us -

£5.00 Family Membership

£10.00 Community Organisations

£10.00 Traders

More information at visitdonaghadee.com









Involvement in the local community forms a key component of the Donaghadee Rotary (while having lots of fun at the same time). The photographs show recent events held by the Club:

Human Fruit Machine (fun without technology!)
Walking Treasure Hunt (Rotary event for all the family)
Camera Obscura visit by Rotarians

Fancy finding out more about Rotary, just visit: http://donaghadeerotary.org/ to find out more.

For a varied programme of talks, discussions & outings then why not join us for an hour once a week.

We meet in 'Bow Bells' on Tuesdays at 11.00

INTERESTED?

Contact:

John: 0796 7760841

Or

William: 0781 2212527



Donaghadee SHORELINE PROBUS Club

Are you male & retired?

Bored, looking to fill a gap?

Want to meet people socially?