



If you have an event you wish to list email details to info@visitdonaghadee.com



What's On this

Event	Date/Times
Art Competition – Last week to enter!	Closing Date 18th August
The Donny Duck Town Trail	All month. Leaflet in shops
Trial Fitness Sessions on War Memorial Green	Saturdays 10am – 11pm
Storytime in the Library	Saturdays 11am - 11.30am
Sir Samuel Kelly Lifeboat – Open Days	Sundays 1pm – 4pm; Thursdays 6pm - 8pm
Rhythm and Rhyme in the library	Mondays 10.30am -11.00am
Mindful Colouring in the Library	Tuesdays 2.00pm - 3.00pm
Lego Friday in the Library	Fridays 11am-3pm

This Week's Events

Event	Date/Times
Open golf at Donaghadee GC	Fridays
Make and Take Craft Session in Library	Friday 11 th – 2pm-4pm
Anna's Number in Concert – Lemon's Wharf	Friday - 7.30pm - 9.30pm
Horse Relay on the Beach	Saturday - 2pm
Fun Bowls at Bowling Club	Sunday – 1pm
Rotary Sandcastle Competition	Sunday – 2pm
Comber Brass Band – Lemon's Wharf	Sunday 2.30pm

Look Ahead

Event	Date/Times
Open golf at Donaghadee GC	Fridays
Children's Activity Fun Morning	Friday 18 th at 11am
Harbour Waters Safety Day	Saturday 19 th August 11.30am
Celebrating Ulster-Scots Heritage	17-19 August – see poster
Lord Londonderry's Own Flute Band	20 th August 2.30pm
Donaghadee Home Industries Show	Saturday 26 th
Artisan Market	Sunday 27 th - 11am
Peninsula Sea Sprint	Sunday 27 th – 8am



Summer Festival Brochure - Correction

The final three events in the brochure should read:-

Donaghadee Home Industries Show

26th August 11am to 2pm Community Centre The show will showcase the skills and talents of local people including home baking, photography, home grown produce, crafts and floral creations

Artisan Market

27th August from 11am –
4pm
Lemon's Wharf
A wide variety of craft and other unique stalls

Peninsula Sea Sprint

27th August at 8am 750m swim 27km bike 5k run 300 athletes will swim in the Dee harbour out and back, cycle along the coast to Bangor and run around the lighthouse and commons. Entries available through Triathlon Ireland or contact

PTcsec1@gmail.com for more information.







Open Days at the Sir Samuel Kelly Lifeboat

Marina Carpark, Donaghadee (turn right at the harbour)

Sundays 1-4pm & Thursdays 6-8pm

Come along & see the Sir Samuel Kelly Lifeboat & New Exhibition about Donaghadee lifeboats & the 1953 Princess Victoria Disaster



To arrange a visit at other times Tel 07805096958







Donaghadee Ulster-Scots Festival



Thursday 17th to Saturday 19th August

Thursday 17th until Saturday 19th August - Historical exhibition, talks & tours

Friday 18th August - The arrival of the Scots - historical re-enactment - The Harbour - 7.30pm

Saturday 19th August The First Ever Ulster Fry World Championship



Come along and see who will be crowned the first ever

<u>Ulster Fry World Champion.</u>
Meet our celebrity judge and compere, legendary television cook Jenny Bristow

also featuring traditional craft demonstrations and workshops

Ulster_Scots Musical Showcase

Highlighting the influence of Ulster-Scots music across the globe and the centuries

For Further Information visit a www.visitdonaghadee.com or facebook a Bonaghadee Community Development Association





This Event is supported by the Ulster Scots Agency and Ards a North Down Berough Council

Brought to you by: Donaghadee Community Development Association





Working with Young People and Substance Misuse

14th & 15th August 10am-1pm (Both Dates)

Substance Misuse Awareness

16th August 10am-1pm

Safeguarding Children
Affected by Parental
Substance Misuse

21st August 10am-1pm

Safeguarding Children Affected by Parental Substance Misuse

21st August 10am-1pm

Parental Substance Misuse

24th & 25th August 10am-1pm (Both Dates)

Go to https://www.ascert.biz/product-category/top-level-courses/ for more information

ENDING VIOLENCE AGAINST WOMEN & GIRLS



Consultation on a Strategic Framework to End Violence Against Women and Girls & Foundational Action Plan

This draft Strategic Framework to End Violence Against Women and Girls (EVAWG), sets the agenda for all of government and society to end violence against women and girls.

The consultation closes on 03 October 2023. In total there are **21** questions in this consultation. **It should take approximately 15 minutes to complete.**

Details here: https://consultations.nidirect.gov.uk/teo/consultation-end-violence-against-women-and-girls/consultation/intro/

STUDY NOW RECRUITING



Would you like to be part of a research study which will help determine the lipid-altering effect of <u>fenugreek seed tea</u> amongst patients with hyperlipidaemia?

What the study involves?

You will be asked to attend 3 study visits at the Centre for Public Health over an 8-week intervention



Each study visit involves: the completion of questionnaires, blood pressure, height and weight and a small blood sample

You will be randomly allocated to the Fenugreek
Tea or Control tea and asked to take the tea twice a
day at a 12-hour interval

You may be suitable to take part if you meet the below criteria:



Aged 18-70 years



Have hyperlipidaemia (i.e. high triglycerides between 1.7-4.5mmol/L)

You will receive a £30 gift voucher upon completion of the study and travel expenses are reimbursed



You are not on any lipid-lowering treatment (i.e. statins) **OR** you are on a stable lipid lowering treatment for the last six months and triglyceride levels remain high

If you are interested and would like to find out more please contact the researchers via telephone or email:

Dr Danielle Logan

Telephone: 07385968725

Email: fenugreekstudy@qub.ac.uk



Hi Everyone

Good Relations Week 2023 event registration is now live.

The theme for this year's celebration is 'Together' which will shine a light on individuals and organisations working together and sharing ideas and experiences in tackling everything from sectarianism and racism to gender inequality, shared spaces, peace-building, and cultural diversity.

Good Relations Week 2023, Monday 18 to Sunday 24 September 2023 will deliver a positive message of togetherness as it celebrates peace-building and cultural diversity in an effort to eradicate sectarianism, racism and inequality.

As appropriate, could you please share details with your partners and stakeholders, encouraging them to support #GRW23.

Organisations can sign-up and log-in to register physical and online events using the automated online registration system at www.goodrelationsweek.com

The deadline for event registrations is Friday 1st September 2023 at 5pm.

If I can be any further support, please contact mark.maher@executiveoffice-ni.gov.uk

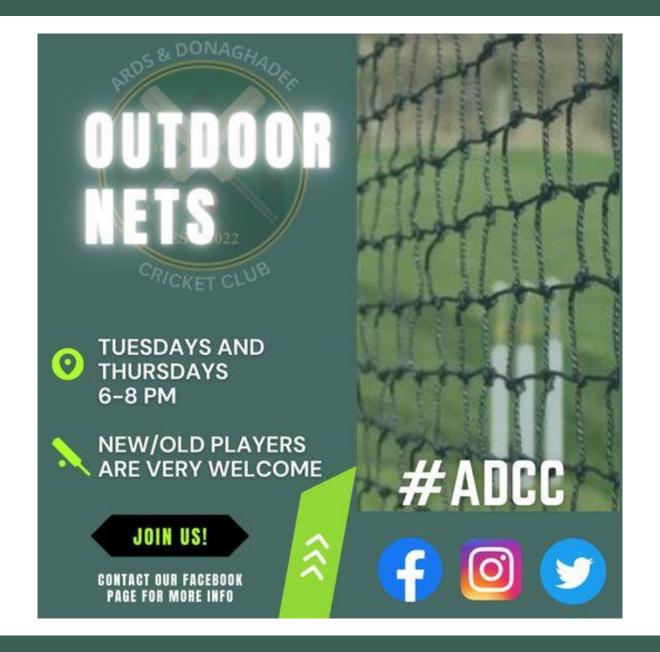
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The Community Development Association has no employees and is therefore heavily reliant on volunteers to assist in its projects. We are always on the look out for volunteers so if you would like to help, even for only an hour or two, email your contact details to info@visitdonaghadee.com.

Volunteering can take the form of:-

- Stewarding at events in the summer and at Christmas
- Assistance with maintenance of planters,
- Working in Crommelin Wood
- Help with distribution of material, publications etc





Help make Donaghadee an even better place!



Show your support by joining us -

£5.00 Family Membership

£10.00 Community Organisations

£10.00 Traders

More information at visitdonaghadee.com









Involvement in the local community forms a key component of the Donaghadee Rotary (while having lots of fun at the same time). The photographs show recent events held by the Club:

Human Fruit Machine (fun without technology!)
Walking Treasure Hunt (Rotary event for all the family)
Camera Obscura visit by Rotarians

Fancy finding out more about Rotary, just visit: http://donaghadeerotary.org/
to find out more.

For a varied programme of talks, discussions & outings then why not join us for an hour once a week.

We meet in 'Bow Bells' on Tuesdays at 11.00

INTERESTED?

Contact:

John: 0796 7760841

Or

William: 0781 2212527



Donaghadee SHORELINE PROBUS Club

Are you male & retired?

Bored, looking to fill a gap?

Want to meet people socially?